



**THE EUROPEAN FEDERATION OF CRITICAL CARE NURSING ASSOCIATIONS
WORKING TOGETHER — ACHIEVING MORE**

**10th Anniversary 1999-2009
Berlin/Germany, October 2, 2009**



**From the early days until today:
All you need to know ...**



EfCCNa celebrates its 10th Anniversary in Berlin, October 2, 2009

Dear colleagues and friends,

On October 2, 2009 EfCCNa will celebrate its 10th anniversary in Berlin, where the Federation was officially established October 2, 1999. Since its inception the mission of the Federation has been clear, to promote collaboration and equity among the national critical care associations that are its members. To function as a unified and cohesive group that can influence change to improve nursing care of critically ill patients and their families.

During those 10 years EfCCNa has accomplished many important things. This is thanks to dedicated people who represent our member associations and critical care nurses all around Europe. This is clearly demonstrated where many critical care nurses in a large number of ICUs in all our member countries have taken part in two large research projects. The very first study undertaken by EfCCNa council was a "European Survey about Nursing Practices in Feeding Patients in the Intensive Care Unit". And now the ongoing project, the E-LINK study. Those two projects alone underline the motives of the Federation to promote equity and collaboration, and are captured in its guiding slogan: *Working Together - Achieving More.*

In the last decade EfCCNa has also hosted three international congresses with great success. It has participated in and funded a number of other studies, which have been published and resulted in Position Statements. EfCCNa has established an Exchange Programme and collaborates with other organizations like ESNO and WFCN.

The work that has already been accomplished by the council members and the member associations during this short history of the Federation has proved its validation and the commitment of the members to continue the good work. The council members have a collective view on how their national associations can benefit from being members of EfCCNa; to be a part of international research; to nationally promote vision of the future and make sure that they are in accordance with European directives; participating in international surveys; taking part in the exchange programme; and creating international networks. They emphasize the need of mutual respect toward each other despite the cultural differences in all communications. They enhance the benefit of learning from each other and our different experiences, including respecting language barriers and seeing that our differences and culture are a strength which we should embrace. The perspectives of each representative enrich our understanding of critical care issues within Europe.

As a large association EfCCNa can influence national agendas and be a platform of a powerful and collective voice of critical care nurses in Europe. This can all be achieved by EfCCNa's principles of democracy, equality and respect and it believes that through *working together we achieve more.*

Rósa Thorsteinsdóttir
President of EfCCNa



Welcome back to Berlin again for the 10th Anniversary

Dear EfCCNa Colleagues and Friends,

The Deutsche Gesellschaft für Fachkrankenpflege und Funktionsdienste e.V., DGF (*German Society of Specialised Nursing and Allied Professions*) feels very privileged to have got the opportunity to host the EfCCNa Autumn Meeting 2009, which is also the 10th Anniversary of the EfCCNa.

It is hard to believe that the founding meeting in Berlin on October 2, 1999, is already ten years ago and we congratulate the EfCCNa that has grown and flourished since then. You may go along this little booklet and visit all the important pictures, steps and documents. And besides the busy agenda, we have prepared visiting some nice places! Enjoy!

Heike Strunk, DGF Delegate International Affairs

Klaus Notz, DGF 1. Vorsitzender



04.10.2009 Deutscher Bundestag, visitberlin.de

Have a guided tour through the German Parliament Building in English Language



05.10.2009 Checkpoint Charlie, visitberlin.de koch

Have a look into the Berlin Wall Museum, where you were "Leaving the American Sector"



05.10.2009 River Spree, visitberlin.de koch

Have a three-hour boat trip along the River through Berlin including barbeque



05.10.2009 Charité, Virchow Campus, bz

EfCCNa History

Pre-History (1989-95)

In 1989, the American Association of Critical Care Nurses (AACN), held a meeting in its head offices at Marina del Rey, near Los Angeles. Participants were the AACN Board of Directors and the AACN Education Committee. Because the aim of the meeting was to promote international cooperation, AACN Executive Director Sarah Sanford also invited Heike Strunk of the Deutsche Gesellschaft fuer Fachkrankenpflege, DGF (German Society of Specialised Nursing). This was based on the fact that both first met at an International Congress of the Department of Anaesthesiology and Intensive Care Medicine, University of Muenster, Germany, where Heike Strunk used to work as the Head of the Nursing Services. The next step was a Critical Care Nursing Summit that took place during the AACN Global Connections Conference in Toronto/Canada in 1994. Many leaders of international critical care nurses organisations attended the summit to share their views and visions as well as to enhance international communication and collaboration. Heike Strunk, President of the DGF at that time, represented the German perspective.

How it all started (1995-97)

Heike Strunk (now being the DGF Delegate for International Affairs) continued with her activities and in 1995 she conducted the first survey of a critical care nursing organisation relating to its specialist education in Europe. In the covering letter to the Presidents of the European Critical Care Nursing Organisations (CCNO) one could read the following:

'I have been trying to establish international collaboration between critical care nurses organisations in one way or another since 1989. Much time was spent talking and sharing experiences. However, I think now it is time to get on more effectively — at least in Europe.' (Strunk, 1995)

The questionnaire was composed of three parts: (A) Basic Data of the CCNO, (B) questions related to the activities of the CCNO and (C) questions referring to the specialist education for critical care nursing. With respect to the aim of the European study Heike Strunk stated:

'The aim is to strengthen the collaboration of critical care nursing associations within the European Community. The objectives of the survey are (1) to establish a body of knowledge about critical care nursing education (2) to create a mutual network between critical care nursing associations and finally (3) to promote the foundation of a European Association of Critical Care Nurses.' (Strunk, 1995).

The results of the survey showed that the preconditions, the requirements, the length of study, the content as well as the final exams and the certificates of specialist education in critical care nursing differed remarkably. In the light of the rapid and continuous advancements in nursing, medicine and techniques, Heike Strunk considered a purposeful exchange within European CCNOs. At the congress of the British Association of Critical Care Nurses (BACCN) in 1995 Heike Strunk first talked to BACCN Board Members Helen Ellis, Paul Fulbrook and John Albarran on the issue of establishing a European Association of Critical Care Nurses. These attempts were even more intensified by her with Paul Fulbrook during a Congress for Nurses and Midwives in Edinburgh, where she delivered a paper as a PhD student of the University of Glasgow.

The first meetings (1997-99)

The very first meeting of the European CCNOs was held on Saturday, October 11 in 1997. Paul Fulbrook (BACCN) and Will de Groot (NVICV) invited the presidents to Rotterdam. The delegates had the opportunity to make their associations known and Heike Strunk reported on the results of her study of the European Survey on Critical Care Nursing of 1995. Fortunately, many of the participants of the old days are still in the EfCCNa Council of Representatives, named in alphabetical order: Elio Drigo (ANIARTI, Italy), Lerma Hernandez (SIZ Nursing, Belgium), Jos Latour (ESPNIC, European Society of Paediatric and Neonatal Intensive Care), Heike Strunk (DGF, Germany) and Rósa Thorsteinsdóttir (IACCN, Iceland). There was a very long debate as to the name, the tasks and the future members of the organisation. Finally, it was agreed that the organisation be named the European Federation of Critical Care Nursing Associations (EfCCNa). Heike Strunk und Elisabeth Buchinger-Lottes (ÖBAI, Austria) both volunteered to draft an EfCCNa Constitution to be agreed upon. The next preliminary meetings took place in Stockholm (1998) and Zagreb (1999).



EfCCNa Representatives Meeting, Zagreb/Croatia, Spring 1999

Founding Meeting, Berlin, 02.10.1999

On Saturday, October 2, 1999 the big date had finally come. The constitution draft was finalised and the members of the future EfCCNa Council of Representatives entered the conference room in the Apart Hotel Westend, Heerstraße 80, in 14055 Berlin-Charlottenburg. The meeting room was nicely decorated with conference table flags of the participating nations and another European flag for ESPNIC. The EfCCNa Constitution was formally adopted and a so-called core committee was elected (a board that accomplished the daily business of EfCCNa). Elected were: Heike Strunk, Administrative Secretary; Rósa Thorsteinsdóttir, Meeting Secretary; Jan Weststrate, Sponsorship Coordinator as well as Paul Fulbrook, Treasurer. Moreover, the aims for the next two years were defined and working groups established and appointed. In addition, the places for the next meetings were agreed upon and suggestions for international exchange were made. Other subjects were an EfCCNa website, an EfCCNa Newsletter, an EfCCNa Journal and, for the future, an EfCCNa Congress.



EfCCNa Founding Meeting, Berlin/Germany, 02.10.1999



EfCCNa Founding Members

1. Austria	Helga Tschugg	10. Netherlands	Ad Ramaekers
2. Belgium	Lerma Hernandez	11. Norway	Anne Merete Lindboe
3. Denmark	Birte Baktoft	12. Slovenia*	Slavica Klančar
4. France	Daniel Benlahoues	13. Spain	Coral Sánchez
5. Germany	Heike Strunk	14. Sweden	Monica Hessel
6. Greece	Maria Tseroni	15. Switzerland	Francoise Billaud
7. Hungary	Piroska Pusztai	16. Turkey	Aysel Durademir
8. Iceland	Rósa Thorsteinsdóttir	17. United Kingdom	John Albarran
9. Italy	Elio Drigo	18. ESPNIC Nursing	Jos Latour

Administrative Secretary:	Heike Strunk	Sponsorship Coordinator:	Jan Weststrate
Meeting Secretary:	Rósa Thorsteinsdóttir	Treasurer:	Paul Fulbrook

*Represented by Marusa Bravr, **European Society of Pediatric and Neonatal Intensive Care

EfCCNa Aims and Objectives

- 1.) To represent critical care nurses and critical care nursing within European countries
- 2.) To advance the art and science of critical care nursing within European countries
- 3.) To promote cooperation and collaboration between European critical care nurses
- 4.) To improve the recognition of critical care nursing at all European health care institutions
- 5.) To maintain effective co-operation between all health care professionals, institutions, agencies and charities that have a professional interest in the care of critically ill patients
- 6.) To establish standards for education, practice and management of critical care nursing
- 7.) To harmonise specialist education programmes in critical care nursing within Europe
- 8.) To provide conferences, congresses and continuing education for critical care nurse

Some Achievements of EfCCNa

- Website (2000) Online Journal, Connect – the World of Critical Care Nursing (2001)
- Study: Attitudes and Experiences related to Cardiopulmonary resuscitation (2002)
- Study: Specialist Education in Europe: Length, Content, Main Focus, Certificates (2002)
- Study: EfCCNa Effective Data Base: Associations, Activities, Education, Practice (2004)
- Study: Enteral Nutrition Practices European ICUs: regimes and persons in charge (2004)
- Study: European Intensive Care Nurses' Attitudes and Beliefs towards End-of-Life Care (2008)
- Position Statement: On Post-registration Critical Care Nursing Education in Europe (2004)
- Position Statement: On the Presence of Family Members during Cardiopulmonary Resuscitation (2007)
- Position Statement: On the Workforce Requirements within European Critical Care Nursing (2007)

Published EfCCNa Work

- Fulbrook P, Albarran JW, Latour J, (2005) A European survey of critical care nurses' attitudes and experiences of having family members' present during Cardiopulmonary resuscitation, *International Journal of Nursing Studies* 42:557-568
- Fulbrook P, Bonkers A and Albarran JW (2007) A European survey of adult intensive care nurses' practice in relation to nutritional assessment *Journal of Clinical Nursing* 16 (11): 2132-2141
- Roynette C, Bonkers A, Fulbrook P, Albarran JW and Hofman Z (2008) Enteral Feeding practices in European ICUs: A survey from the European Federation of Critical Care Associations (EfCCNa), e-SPEN, *The European e-Journal of Clinical Nutrition and Metabolism* 3: e33-e39
- Fulbrook P, Latour J, Albarran J, Graaf de W, Lynch F, Devictor D, Norekval T (2007) The presence of family members during cardiopulmonary resuscitation: European Federation of Critical Care Nursing Associations, European Society of Paediatric and Neonatal Intensive Care and European Society of Cardiology Council on Cardiovascular Nursing and Allied Health professions- A position statement. *European Journal of Cardiovascular Nursing* 6: 255-258 And in *Nursing in Critical Care* 12 (5):250-252
- Lynch F, Fulbrook P, Latour J, Albarran JW, De Graaf W, DeVictor D, Norekval T (2008) The presence of family members during cardiopulmonary resuscitation: Position statement, *Infant* 4 (1): 159-160
- Latour, J M; Fulbrook, Paul; Albarran, J W (2009) EfCCNa Study: European Intensive Care Nurses' Attitudes and Beliefs towards End-of-Life Care. *Nursing in Critical Care* Vol 14 No 3:110-121.

Refereed EfCCNa Conference Papers

- Øyri K, Albarran JW and Latour J *Experiences of developing a website for an international nursing group, E-health for all: designing nursing agenda for the future* Conference. Proceedings from the 8th International congress in Nursing Informatics. E-papers Servicos Editoriais Ltd (Rio de Janeiro, Brazil); 384-7 June 2003
- Bongers A, Fulbrook P, Albarran JW, Hofman Z., *Enteral feeding practices in 380 European intensive care units* ESPEN (European Society for Parenteral and Enteral Nutrition) conference, Brussels, Belgium, (Poster Pres.) August 2005
- Latour J, Fulbrook P, Albarran JW. *Views of end-of-life practices in intensive care: The EfCCNa study.* 'Influencing Critical Care Nursing in Europe', EfCCNa-Aniarti Congress, Fortezza de Basso, Florence, Italy 9-11th of October 2008

Actual News of EfCCNa of 2009

- Delphi-Study: On the Research Priorities in Critical Care Nursing (Report Writing)
- E-Link Study: European Level of Intensive Care Nursing Knowledge (Data Collection)
- Autonomy Study: Critical Care Nurses' Autonomy, Moral Distress and Empowerment in Europe (Data Analysis)
- **10th Anniversary of EfCCNa on October 2, 2009 in Berlin**

Previous/Planned EfCCNa Congresses

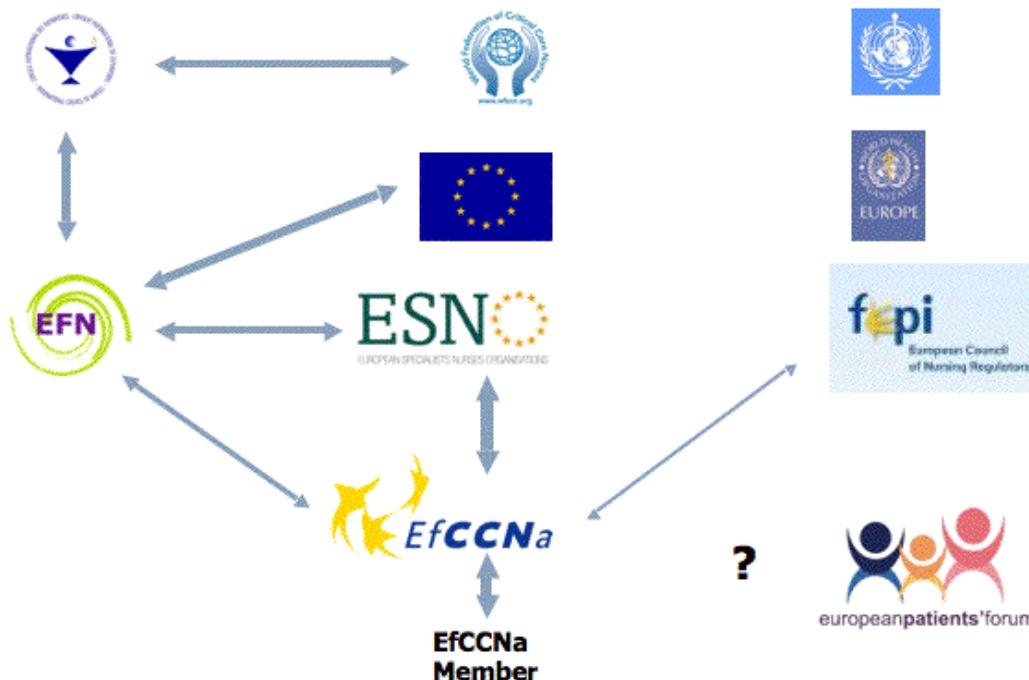
1. EfCCNa Congress 2002, Paris
2. EfCCNa Congress 2005, Amsterdam
3. EfCCNa/27th Aniarti Congress 2008, Florence
„Influencing Critical Care Nursing in Europe“
2.022 Delegates and 216 Presentations

- 4. EfCCNa & FASIO Spring Congress 2011, Copenhagen DK, March 24-26
„European Critical Care Nursing: Working together for a better tomorrow“
More information is available at the website <http://efccna2011.dk>
- 5. EfCCNa Congress 2014, Applications expected by the end of this 2009

Current Relations/Networks of EfCCNa

- **ESNO** European Specialist Nurses' Organisation: General Competencies for Specialised Nursing
- **EFN** Meeting with WHO Chief Nursing Officers: Education and Training of General Nursing
- **EU** General Directorate **Health and Consumer Protection**: Submitting Subjects, Invitation for Health Agenda
- **EU** General Directorate **Education, Youth and Culture**: Bologna Process, Europe and Qualification Framework
- **EU** General Directorate **Employment and Social Affairs**: Recognition of Professional Qualifications 2005/36/EC
- **WFCCN** World Federation of Critical Care Nurses, Rósa Thorsteinsdóttir represents EfCCNa
- **FEPI** European Council of Nurse Regulators, Continuous Information via IPVASI (Italy) and ENNE (Greece)
- **ICN** International Council of Nurses: Information on their work via EFN, Nursing Care Competencies Framework
- **WHO** Regional Office Europe, Nursing and Midwifery Advisor: Declaration of Munich, Critical Care Nursing Curriculum
- **ESICM** European Societies of Intensive Care Medicine: Reciprocal Website/Members Listing, Invitations to Congresses

Important Relationships



EfCCNa Meetings: Dates and Places



October 11 – 12, 1997	Rotterdam
September 6, 1998	Stockholm
March 20 – 21, 1999	Zagreb
October 2 – 3, 1999	Berlin
May 26 – 27, 2000	Barcelona
Sept 30 – Oct 1, 2000	Florence
May 5 – 6, 2001	Istanbul
December 8 – 9, 2001	Copenhagen
May 24 – 25, 2002	Paris
October 26-27, 2002	Athens
May 24-25, 2003	Reykjavík
November 1-2, 2003	Lugano
April 24-25, 2004	Innsbruck
September 11-12, 2004	Cambridge
May 28-29, 2005	Ljubljana
November 9-10, 2005	Amsterdam
April 29-30, 2006	Oslo
October 28-29, 2006	Budapest
April 28-29, 2007	Nicosia
October 27-28, 2007	Oulu
April 26-27, 2008	Florence
October 8 2008	Florence
April 25-26, 2009	Stockholm
October 2 – 4, 2009	Berlin

Future EfCCNa meetings:

April 24-25, 2010	Brussels
Autumn 2010	Zagreb
Spring 2011	Copenhagen
Autumn 2011	Belgrade



Participating Delegates at the 10th Anniversary Meeting, October 2-4, 2009 Board of Officers, Council of Representatives, National Observers

- President: Ms Rósa Thorsteinsdóttir (Iceland)
- Vice-Presid: Dr Bronagh Blackwood (UK)
- Secretary: Ms Heike Strunk (Germany)
- Treasurer: Ms Anne Kokko (Finland)
- R&D Lead: Dr John Albarran (UK)
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- Austria: Ms Helga Tschugg
Österreichischer Berufsverband für Anästhesie und Intensivpflege (ÖBAI)
- Belgium: Ms Lerma Hernandez, Ms Vos, Bénédicte
Société des Infirmier(e)s de Soins Intensifs (SIZ Nursing)
- Croatia: Mr Adriano Friganovic
Hrvatsko društvo medicinskih sestara anestezijske, reanimacijske, intenzivne skrbi i transfuzije (HDMSARIST)
- Cyprus: Ms Evanthia Georgiou, Ms Xenia Georgiou
ΠΣΝΜ Τομέας Επείγουσας και Εντατικής Νοσηλείας (CYNMA/TEEN)
- Denmark: Ms Mette Ring
Faglig Selskab for Anæstesi-, Intensiv- og Opvågnings-sygeplejersker (FSAIO)
- Finland: Ms Catharina Alanko
Suomen Tehohoitoyhdistys (STHY)
- France: Mr Daniel Benlahous, Mr Laurent Poirioux
Société Française des Infirmiers en Soins Intensifs (SFISI)
- Germany: Ms Heike Strunk, Mr Hans-Dieter Schütt
Deutsche Gesellschaft für Fachkrankenpflege und Funktionsdienste (DGF)
- Greece: Dr Maria Kalafati
ΕΣΝΕ Τομέας Επείγουσας και Εντατικής Νοσηλευτικής (ΕΣΝΕ/TEEN)
- Hungary: Ms (apologised)
Aneszteziológus és Intenzív Terápiás Szakápolók Magyarországi Egyesülete (AITSME)
- Iceland: Ms Guðrún Jónsdóttir, Ms Ásdís Guðmundsdóttir
Fagdeild gjörgæsluhjúkrunarfræðinga (FÍH/CCN)
- Italy: Mr Elio Drigo, Mr Fabrizio Moggia
Associazione Nazionale Infermieri di Area Critica (ANIARTI)
- Netherlands: Ms Colette Ram
Nederlandse Vereniging voor Intensive Care Verpleegkundigen (NVICV)
- Norway: Mr Tor Magnus Molund
NSFs Landsgruppe Av Intensivsykepleiere (NSFLIS)
- Poland: Ms Edyta Cudak (apologised)
Polskiego Towarzystwa Pielęgniarek Anestezjologicznych i Intensywnej Opieki (PTPAiIO)

- Serbia: Dr Gordana Dragosev (apologised)
Udruzenje Medicininskih Sestara Intenzivnih Nega, Anestezije i Reanimacije Republike Srbije (UINARS)
- Slovenia: Ms Marusa Brvar, Ms Draga Strojmajer
Sekcija medicinskih sester in zdravstvenih tehnikov v urgenci (SMSZTU)
- Spain: Ms Maria Carrion Torre
Sociedad Espanola de Enfermeria Intensiva y Unidades Coronarias (SEEIUC)
- Sweden: Ms Eva Barkestad
Riksföreningen för anestesi och intensivvård (ANIVA)
- Switzerland: Mr Paul van der Heiden
Schweizerische Interessengemeinschaft für Intensivpflege (IGIP)
- Turkey: Ms Yasemin Ergün (apologised)
Türk Yogun Bakim Hemsireleri Dernegi (YBHD)
- UK: Mr Waters, David
British Association of Critical Care Nurses (BACCN)
- Pediatrics: Ms Irene Harth
European Society of Pediatric and Neonatal Intensive Care Nursing (ESPNIC)
- Education: Ms Astrid Danielsen, NSFs Landsgruppe Av Intensivsykepleiere (NSFLIS)
Ms Monica Magnusson, Riksföreningen för anestesi och intensivvård (ANIVA)
- Website: Mr Paul van Doorn
Nederlandse Vereniging voor Intensive Care Verpleegkundigen (NVICV)

Invited Guests on the occasion of the 10th Anniversary

Ms Birte Baktoft, Denmark (EfCCNa Fellow, Former Chair of the Education Committee)

Mr Jos Latour, Netherlands (EfCCNa Fellow, Chair of the Congress Planning Committee)

Mr Wouter de Graaf, Netherlands (EfCCNa Fellow, Past President of EfCCNa, 2007-2009)

Mr Hans-Dieter Schütt, Germany (DGF, Vice-Chairman, German Society of Specialised Nursing)

Mr Andreas Westerfellhaus, Germany (DPR, President of the German Nursing Council e.V.)